

# Sprouting Seeds in a Glove

## Materials

Food handlers glove (available at a restaurant supply store or your school cafeteria)

Five different small seeds (note the example)

Five cotton balls (one for each finger)

Water

Permanent marker, pen, or grease pencil

6 small bowls or cup saucers, 5 for the seeds and 1 for the water

## Procedures

Begin with writing the name of a different seed on each finger and thumb of the glove. Next quickly dip a cotton ball into some water, saturation is not necessary. While you have the moist cotton on your hand, dip the cotton ball into the container of one of the seeds you are going to sprout. Less than dozen seeds works best, so use a light touch. Place the cotton ball, seeds and all, into the correctly labeled finger. Do the same for each of the five seeds. Secure the opening with tape or a paper clip. There is no need to water, the cotton ball contains enough water to germinate the seeds. Seeds will sprout in the dark, most within a week. Some may even be transplanted (transplant the entire cotton ball with seeds into the pot of soil). Do not use large seeds like corn or beans, the cotton will only have enough water to enlarge these seeds, not germinate them.

